



JUNIOR TENNIS

Spring 2024



No pre-registration; just show up

Aces

Age 4-7, beginner, grouped by level

Feb 13 - May 16 **Tuesday & Thursday** 4:00pm - 5:00pm

All Stars

Age 7+, beginner and intermediate; grouped by level

Feb 13 - May 16 **Tuesday & Thursday** 4:00pm - 5:30pm

Academy

Tournament level players, grouped by level

Feb 13 - May 16 **Tuesday, Wednesday, Thursday** 4:00pm - 5:30pm

Fees & Discounts

1 hour clinic: \$20 1.5 hour clinic: \$25 Non-member: + \$5
Member charges made and non-member payments due on Thursday of each week

Sibling Discounts
20% off 2nd child and 40% off 3rd child

The Club at The Township Racquets Center
(601) 856-0220



ADULT TENNIS

Spring 2024



*** All Spring programs start February 12 ***

Drills & Games

No registration, just show up
\$20/hr \$25/1.5hr (+\$5 non-members)

2.5 - 3.5 (M & W)	Tuesday	6:00pm - 7:30pm
2.5 - 3.5 (M & W)	Thursday.....	6:00pm - 7:00pm
3.0 - 3.5	Friday	9:00am - 10:00am
2.5 - 3.5	Saturday	9:00am - 10:30am

Social Tennis Events

Must register on GroupMe (Mixers)
Specify your partner on GroupMe or sign up individually and we'll find you a partner
You'll play with your partner the whole event, against different opponents of similar level
Early (2 weeks ahead) \$15, regular \$20 (+ \$5 non-members)

Tue, February 27	Doubles	6:00pm - 8:00pm
Tue, April 9	Mixed Doubles	6:00pm - 8:00pm

Cardio Tennis

On request (schedule with any of our pros)
Group size 5-8 players
Heart-pumping fitness on the court. Hit a ton of balls & get a great workout.
Warm-up, drills, games (specific to USTA Cardio Tennis)
Regular group lesson fees for each pro

Doubles Strategy Clinics

On request (schedule with any of our pros)
Group size 3-8 players
Learn and practice the best doubles strategies
Pick from any of the following themes:
Net player; lobs & overheads; offense & defense; serves & returns; variations
Regular group lesson fees for each pro

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ADULT PICKLEBALL

Spring 2024



*** All Spring programs start February 12 ***

Drills & Games

No registration, just show up
\$20/hr \$25/1.5hr (+\$5 non-members)

2.0-3.0 courts 10CD Monday 6:00pm - 7:00pm

Social Pickleball Events

Must register on GroupMe (Mixers)
Specify your partner on GroupMe or sign up individually and we'll find you a partner
You'll play with your partner the whole event, against different opponents of similar level
Early (2 weeks ahead) \$15, regular \$20 (+ \$5 non-members)

Tue, February 27 Doubles 6:00pm - 8:00pm

Tue, April 9 Mixed Doubles 6:00pm - 8:00pm

Open Play

No charge for members; non-members \$10
A pickleball committee member will be present to facilitate rotation
Players must come off court when done with one game to 11 (win by 2)

2.0 - 2.5 courts 9ABCD Monday 6:00pm - 8:00pm

(Mon 6pm open play stops when league starts in early March)

65 + court 9A Tuesday 9:00am - 11:00am

3.0 + courts 9AB, 10AB Tuesday 6:00pm - 8:00pm

2.5 - 3.0 courts 9CD, 10CD Tuesday 6:00pm - 8:00pm

65 + court 9A Thursday 9:00am - 11:00am

All levels All courts Friday 9:00am - 11:00am

2.0 - 2.5 courts 9CD, 10CD Saturday 9:00am - 11:00am

3.0+ courts 9AB, 10AB Saturday 9:00am - 11:00am

2.5 - 3.0 courts 9CD, 10C Sunday 3:00pm - 5:00pm

3.0 + courts 9AB, 10AB Sunday 3:00pm - 5:00pm

USAP Sanctioned Tournament

Register: bit.ly/2ndclubspring
Entry fee \$50-100 (based on early discounts & # of events)
Great player gift, player party, amenities and lots of matches



Pickleball 6 Week Clinics



8-12 players. 2 coaches. 1 hour lesson, ½ hour supervised play.
All weeks will integrate the new school pickleball “body is the driver, turn & load, rotate & rise, Newton’s Law of Pickleball” method of modern, advanced play.
Prepay \$120 (+\$30 non-members). Sign up in the Pro Shop.

2.0 - 2.5

- Week 1&2: Intro to pickleball, the best way to get control
- Week 3&4: Dinks & drops
- Week 5&6: Serves, returns, groundstrokes

- Week 7&8: Getting to the kitchen
- Week 9&10: Winning in the kitchen
- Week 11&12: Gaining depth on groundstrokes, serves & returns

2.5 - 3.0

- Week 1&2: The best way to get control, how to think about technique
- Week 3&4: Height & speed on dinks & drops
- Week 5&6: Serves, returns, groundstrokes

- Week 7&8: Patience in the short game
- Week 9&10: Transitioning forward on returns and drops
- Week 11&12: Drive power

3.0 - 3.5

- Week 1&2: Dinks, mosquitos, rapid fire volleys
- Week 3&4: Cinnamon rolls, 3rd shot drops
- Week 5&6: Serves, returns, drives

- Week 7&8: Poaching at and on the way to the kitchen
- Week 9&10: Slowing the game down to win, resets
- Week 11&12: Creating more topspin

3.5 +

- Week 1&2: Different dinks, mosquitos, rapid fire volleys
- Week 3&4: Cinnamon rolls, cinnamon swirls, 3rd shot drops
- Week 5&6: Serve variations, return variations, shake & bake

- Week 7&8: Changing direction at the kitchen
- Week 9&10: Resets, staying calm
- Week 11&12: Underspin, sidespin

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